

# North Bay Health Care Professional Relocation Guide

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North Bay Regional  
Health Centre



Centre régional  
de santé de North Bay

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North Bay Regional Health Centre  Centre régional de santé de North Bay

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The North Bay Regional Health Centre has established strong working partnerships with various private sector partners and community organizations to support the physician recruitment and retention effort in North Bay.

**Our partners include:**  
The Corporation of the City of North Bay,  
RBC Royal Bank, Grant Thornton,  
Mike Holmes, Broker- Royal LePage and  
D'Agostino & Associates Barristers & Solicitors

# North Bay

North Bay, Ontario is a caring community of energetic, high-spirited people. Festivals, attractions and a wide range of special event activities blend with the natural environment of the area. The combination of lush forests, spring-fed water and clean air creates a healthy environment for working, living, and raising a family. With a crime rate of less than 5% North Bay is truly a safe community. Friendly, well-planned neighbourhoods and short commutes also make coming home a pleasure in North Bay.



## ENVIRONMENT

North Bay and area enjoy fresh air, abundant clean water, and plenty of green space for outdoor activities. Urban North Bay straddles a land bridge between the Ottawa River Watershed and that of the Great Lakes. On its eastern doorstep lies Trout Lake, the headwater of the Mattawa River and the source of the city's drinking water. Trout Lake, with a depth of 60 metres, is a cold-water fishery that holds the distinction of supplying some of the best quality drinking water in the province. To the west, Lake Nipissing is one of the warmest and largest lakes in the province with an average depth of 4.5 metres and a surface area spanning approximately 873.3 km<sup>2</sup>.

Located in the heart of the Nipissing region, North Bay offers four distinct seasons. With an average temperature fluctuation of 50 degrees between summer and winter months, the community provides vast recreation opportunities for all types of outdoor enthusiasts.

The high quality of life, partly as a result of the natural environment, is one of the main reasons why people choose to live in North Bay.



## EDUCATION

North Bay has educational services spanning from pre-school to post-secondary. With four individual school boards servicing the area, public, separate, as well as bilingual education options are available through the Near North District School Board, the Nipissing-Parry Sound Catholic District School Board, Conseil scolaire public du Nord-Est de l'Ontario and Conseil scolaire catholique Franco-Nord. Additional language training, literacy, and enrichment programs are available within the community.

Nipissing University provides undergraduate programs in Liberal Arts, Science, Business and undergraduate and graduate programs in Education. Nipissing University is a small university that strives to provide a collegial setting attentive to individuals.

Canadore College is comprised of three campuses – the Aviation Campus, Commerce Court, and the Education Centre which shares a stunning 720-acre wooded escarpment overlooking the City with Nipissing University. Canadore offers more than 60 full-time programs such as Aviation Technology, Business and Management; Community Justice and Police Studies; Culinary Arts, Environmental Studies and Biotechnology; Health, Human Care and Wellness; Indigenous Studies; Language, Access and Preparatory Studies; Media, Design and Dramatic Arts; Sport and Recreation; and Trades and Technology.



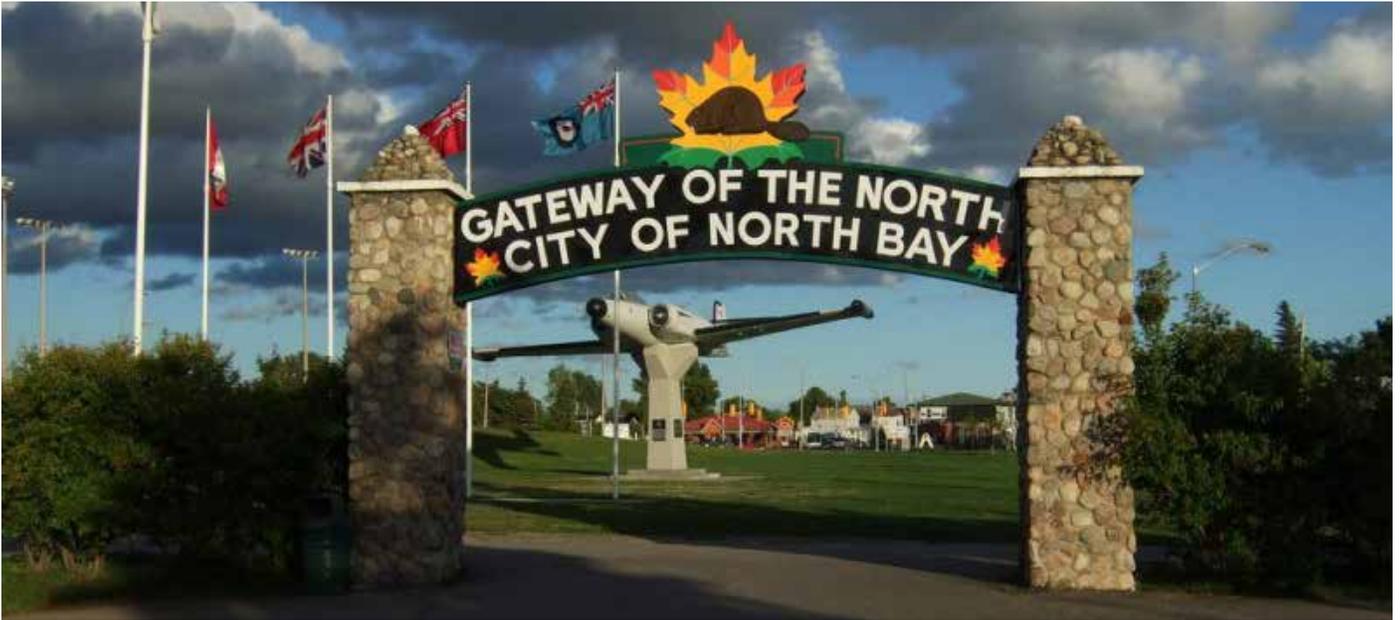
## THE ECONOMY

North Bay's economy is linked to its proximity to a wide range of resources, markets and transportation linkages.

The diversified economy is comprised of advanced manufacturing, public administration, trade and commerce, transportation, communication and service industries. The available skilled work force, often educated at the local community colleges and university, is experienced and highly regarded.

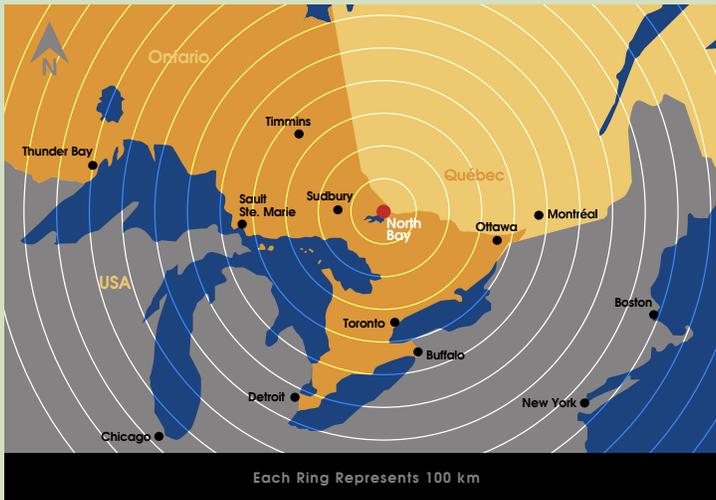
Our industrial firms experience a high level of success because they have a diversified offering, produce highly engineered, high margin, low volume products for a global market. North Bay's key growth sectors include: Advanced Manufacturing, Aerospace/Aviation, Health Sciences and Information Communication Technology

The City of North Bay is also committed to continued economic growth through an active support system for business and industry. A number of employment support agencies are available to assist individuals with a variety of job search and skill development needs.



**TRANSPORTATION & LOCATION**

Traditionally considered the “Gateway to the North” North Bay is centrally located in the province of Ontario, Canada. We are only a 3.5 hours drive from both Toronto and Ottawa. Well serviced by air, land, and telecom infrastructure, North Bay is a hub for transportation and communications.



**HIGHWAY:**  
North Bay is conveniently located at the cross roads of Highway 11 North/South and TransCanada Highway 17 east/west, only 330km/200 miles from both Ottawa and Toronto.

**AIR:**  
North Bay’s Jack Garland Airport is the largest airport north of Toronto. Both Air Canada Jazz and Bearskin Airlines offer scheduled services with frequent flights between North Bay and Toronto, Ottawa, and centres in Northern Ontario.

**BUS:**  
The North Bay terminal provides access to Ontario Northland Motor Coach Services, as well as Greyhound service. Services operate along the Highway 11, 17, and 69 corridors.



# North Bay

## LIVING IN NORTH BAY

Situated between Lake Nipissing and Trout Lake, the City offers lake front property in both urban and rural settings. The short distance between home and work allows more time to enjoy the wealth of parkland and leisure facilities. Residents enjoy low density living with all of the benefits of full urban services.

*The following two web links will provide you with additional information on real estate and housing opportunities in the City of North Bay and surrounding areas.*

[www.mls.ca](http://www.mls.ca), [www.nbreb.com](http://www.nbreb.com)

## OUR PROUD HERITAGE, ARTS & CULTURE

North Bay is a community rich in arts, heritage and culture that prides itself on a diversified population and the ability to work with many organizations to meet the needs of our residents. Home to the largest theatre in northern Ontario, The Capitol Centre, North Bay boasts many opportunities to become involved in music and performing arts.

With a number of galleries in the city, North Bay showcases many artists and their inspirational work. Some of our galleries are even dedicated to our local emerging and established artists showcasing both contemporary and antique collections. The eight area museums help to share North Bay and region's colourful history.



## RECREATION

The natural environment provides many opportunities for four season recreation. Sporting organizations provide seasonal opportunities for all age groups, including activities such as baseball, hockey, soccer, and ringette just to name a few.

North Bay offers cross country and down hill skiing within city limits, access to 3,400 km of groomed snowmobile trails, close proximity to eight golf courses, six marinas, 43 beaches, 74 park areas—including playgrounds and picnic shelters—in addition to various sports facilities including the Steve Omischl Sports Field Complex

Throughout the city, a complement of planned and unplanned trails and pathways can get you where you want to go while experiencing the local geography and nature at its best; or by way of 100 km of a paved trail system called the Kate Pace Way and the Kinsmen Trail.

If you enjoy the spectator aspects of a sporting event you can check out a few community teams including the Battalion, an OHL team; the Nipissing University Lakers, an OUA team; or the North Bay Bulldogs, who are part of the Northern Football conference. With year-round access to many of our arenas, it is clear they are multi-purpose buildings; in the winter, the ice surfaces are used for skating, hockey, and ringette and in the summer months the arena floors not maintained as ice surfaces become home to many craft and trade shows, concerts, fundraising events, and team sports.

*For additional information visit the City of North Bay's website at : [www.cityofnorthbay.ca](http://www.cityofnorthbay.ca)*



## Our Hospital, The Heart of Our Community

The North Bay Regional Health Centre (NBRHC) is a unique health care organization with three primary roles. It provides acute care services to North Bay and its surrounding communities, it is the district referral centre providing specialist services for smaller communities in the area, and it is the specialized mental health service provider serving all of northeast Ontario.

NBRHC has 409 beds and numerous outpatient and outreach services in North Bay and throughout the northeast region.

NBRHC is one of four major acute care hospitals serving northeast Ontario; the others being Sault Area Hospital, Timmins and District Hospital and Health Sciences North (Sudbury). The area is also served by small community hospitals like Mattawa and West Nipissing General hospitals.

NBRHC's Regional Mental Health Services provides inpatient beds in North Bay and Sudbury and outpatient and outreach services throughout the region—from Hudson Bay to Muskoka from Sault Ste. Marie to the Quebec border.

A major teaching centre for students in medicine, psychiatry, nursing and allied health professions, NBRHC is proud to be affiliated with the Northern Ontario School of Medicine, Nipissing University, Canadore College and several other Ontario colleges and universities.

North Bay Regional Health Centre is chairing the development of a regional *Academic Health Science Research Network* to better address the unique needs of the north and overcome barriers that impact academic health care. It will try to ensure the translation of knowledge into innovative health care solutions.

NBRHC is truly a caring place. Our staff and physicians maintain high standards and are flexible and innovative and ready to try new approaches that will improve patient care. Patients and their families repeatedly tell us that they appreciate the warm and skilful care they receive at NBRHC.

For further information visit our website at [www.nbrhc.on.ca](http://www.nbrhc.on.ca) and our NBRHC Physician Recruitment Video at <http://vimeo.com/106279645>





### ONE KIDS PLACE

One Kids Place is a Children's Treatment Centre that provides rehabilitation services to children and youth from birth to 19 years of age with communication, developmental or physical disabilities/delays living in the districts of Muskoka, Nipissing and Parry Sound.

*For more information please visit our website at [www.onekidsplace.ca/english/home.html](http://www.onekidsplace.ca/english/home.html)*



## North Bay Regional Health Centre Medical Staff

Department of Emergency Medicine	
ED Physicians Full-Time	8
ED Physicians Part-Time	9

Department of Medicine	
General Internists	1.5
Gastroenterologist / Internist	2
Endocrinologist/ Internist	1
Nephrologists/ Internists	3
Dermatologist	1
Pathologists	5
Pediatricians	5
Radiologists	4.5

Department of General & Family Practice	
General & Family Practice Physicians with Hospital privileges	41
General & Family Practice Physicians without Hospital privileges	2
Military General & Family Practice Physicians	2

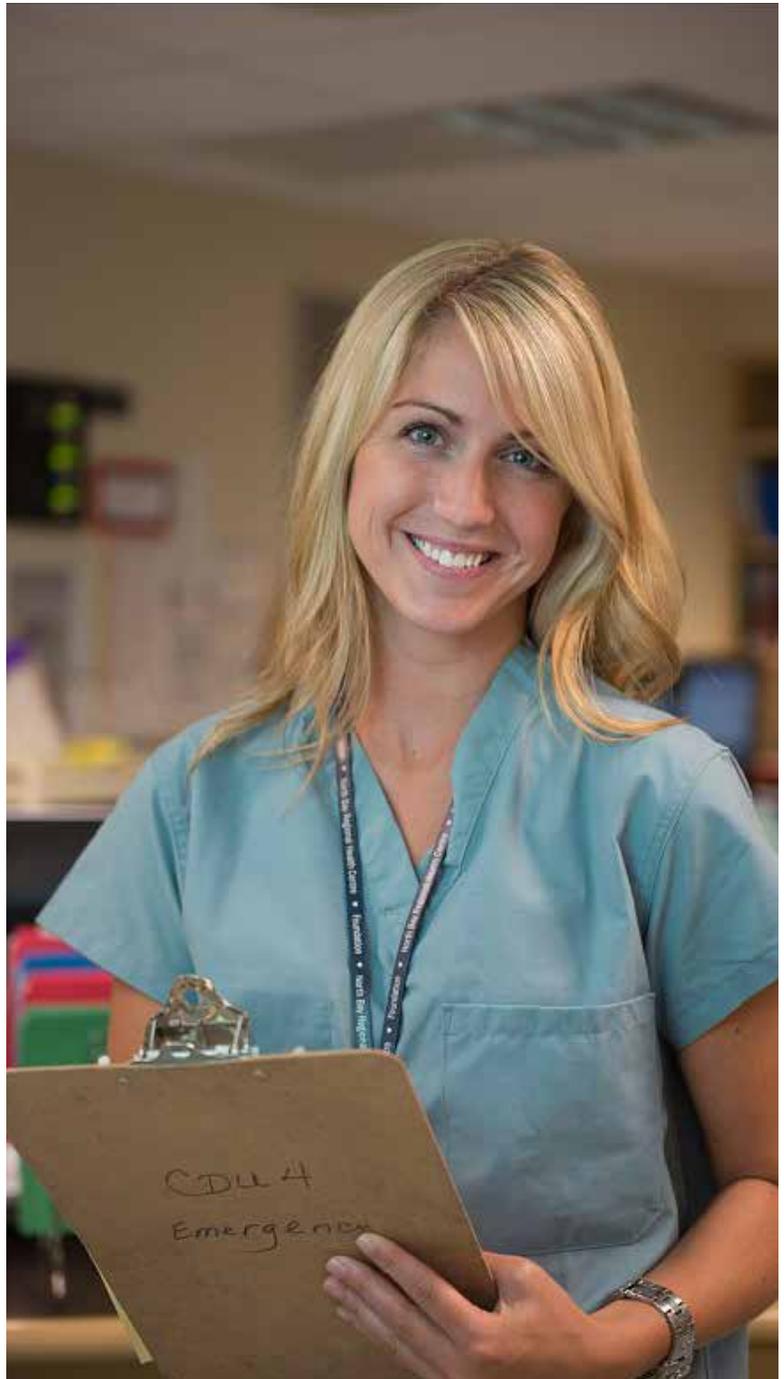
Department of Surgery	
Anaesthetists	8
General Surgery	5
Urologists	2
Obstetrics & Gynaecologist	4
Midwives	3
Orthopaedic Surgeons	5
Otolaryngologists	2
Ophthalmology	2.5
Maxillo-Facial Dental Surgeon	1

Department of Psychiatry	
Forensic Psychiatry	3
General Psychiatry	4
Seniors Psychiatry	3
Specialized Rehabilitation	4
Specialized Rehabilitation & Seniors (Kirkwood Site)	1
Child & Adolescent Mental Health	1
Pediatric Child & Mental Health Specialist	.5
General Practitioners for Mental Health	8.5
Addictions Specialist	1.5

## North Bay Regional Health Centre

### OUR SERVICES

The North Bay Regional Health Centre offers our patients a vast array of medical services including all specialties—with the exception of neurology, cardiology and plastics. Working as a cohesive unit within the hospital, all services contribute to the high quality of care that the hospital prides itself on. The collegiality among our physicians, health care professionals and staff makes for a very satisfying working atmosphere.





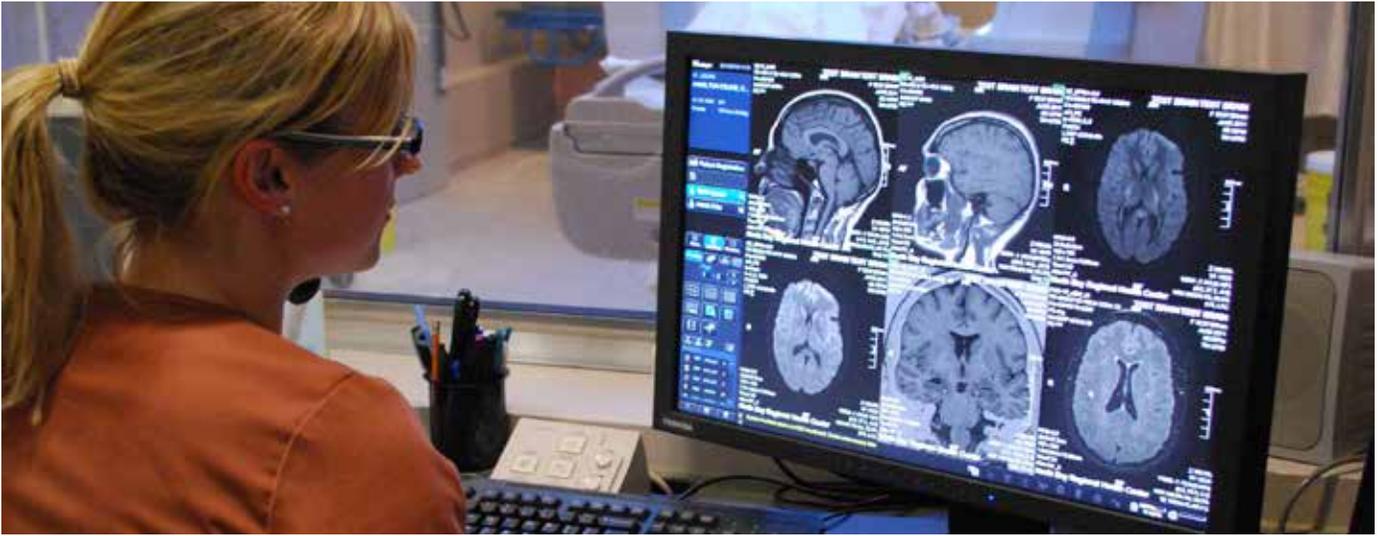
The North Bay community is home to 41 **General & Family Practice Physicians**. The majority belong to a Family Health Team, Family Health Network or Family Health Group. There are physicians that have solo practices within the community and an additional two **General Practitioners** that work at our Military Base. The North Bay Regional Health Centre offers numerous opportunities for our physicians. Most of our family physicians are privileged at the hospital, giving them the opportunity to work outside of their offices. Being privileged at the hospital also gives the physicians the opportunity to look after their own patients as we do not have a hospitalist program. Opportunities also exist in Nursing Homes, Mental Health, Correctional Facilities, Emergency Room and Surgical Assisting.

Our **Emergency Department** is home to eight full-time and nine part-time physicians. All full-time physicians work approximately four shifts per week. The department sees approximately 153 visits per day, which translates to an average of 55,000 visits each year. The department is busy, as we serve the city's population of approximately 54,000 as well as provide district referral services to a catchment area of 129,000. Our ER physicians work exceptionally well together and are recognized for their cohesiveness.

The **Internal Medicine Department** is made up of three Nephrologists, two Gastroenterologists, one Endocrinologist and one and a half General Internal Medicine Specialists. Although we do not have Cardiology services, we do have a very strong relationship with Cardiology in nearby Sudbury, where we transfer patients that require urgent cardiac care. All patients who require acute cardiac care are admitted under Internal Medicine and Thrombosis and Acute Mi's. Acute CVA's are performed by the ER physicians who then write orders for the CCU, where they are followed by our Internal Medicine Specialists. Our internists also read ECHOS and perform MIBI stress testing.

The **Radiology** service is made up of four and a half full-time radiologist. Our radiologists read all diagnostic imaging at the North Bay Regional Health Centre. As a department they are responsible for a full range of general radiographic exams plus fluoroscopic exams including: barium studies, special procedures (such as lung and liver biopsies), joint injections, nephrostomy tube placements and abscess drainage procedures. Our radiologists work with a 64 slice CT scanner and are proud to offer the best wait times for access in the province. All Coronary Angioplasties patients are referred to Sudbury. We also offer nuclear medicine services with a full range of studies including Cardiac Stress MIBI. Finally, our radiologists work with the Approved Breast Screening Centre for mammography and have access to four ultrasound rooms, allowing them to provide abdominal, obstetrical and pelvic ultrasounds as well as Breast, MSK and Doppler for carotid and veno-occlusive disease. As of spring 2011 North Bay Regional Health Centre is operating a state-of-the-art Toshiba MRI unit. This leading edge technology allows sophisticated exams to be performed rapidly and accurately on patients within our district

The **Service of Laboratory Medicine** at the North Bay Regional Health Centre provides comprehensive general pathology services to the North Bay Regional Health Centre, and consultative and directorship services to smaller hospitals in northeastern Ontario. The practice of the five full-time pathologists covers the disciplines of surgical pathology, cytology, transfusion medicine, hematology, biochemistry, and microbiology and autopsy pathology. The group is cohesive and has excellent working relationships with various clinical services.



## OUR SERVICES

There are currently seventeen **Psychiatrists** and eight and a half **General Practitioners** working and a part-time Pediatric Mental Health Physician working between the District and Regional Mental Health Services at the North Bay Regional Health Centre, and our programs offer varying opportunities for our psychiatrists. The District Psychiatrists deal in acute care psychiatric care, community outpatient, Assertive Community Treatment teams (2) and ER Crisis. The Regional programs psychiatrists are given the opportunity to work in the following specialties: general adult inpatient and community services, assertive community treatment, child psychiatry, senior's mental health care, developmental disability, psychiatric rehabilitation and forensic psychiatry.

North Bay currently has one **Dermatologist** who has been with us since 2001. The dermatologist has privileges at the hospital but most of his work is done within his clinic. The dermatologist continually engages in clinical trials in the areas he treats including: psoriasis, psoriatic arthritis, eczema, nail fungus, skin cancer, seborrhea and acne.

Service of **Anesthesia** currently consists of eight physicians who provide coverage in the Operating Rooms, Critical Care Unit, Ophthalmology, Endoscopy and Pre-Admission Clinic. In the CCU

our anesthetists are the Most Responsible Physician (MRP) for all ventilated patients. When the anesthetists work in the OR they currently rotate among six operating rooms in addition to Endoscopy and Ophthalmology suites.

The **General Surgery** service at the North Bay Regional Health Centre currently consists of five general surgeons. The service of General Surgery provides a broad scope of coverage, doing virtually all procedures that a community hospital would be expected to provide, but we no longer have vascular or thoracic coverage at our facility. Our General Surgeons share their time at their clinic, operating rooms, endoscopy suites and the Ambulatory Care Unit and currently rotate on a one in four call schedule.

The **Obstetrics/Gynaecology** department at our hospital is made up of five physicians and two midwives. North Bay has an average of 900 births/year and we have been designated as a Level III prenatal facility. Our current birthing unit has eight beds and includes CAT scan, gynaecological laser as well as the capability for laparoscopic-assisted vaginal hysterectomy.

There are currently two and a half **Ophthalmologists** working in our city. The ophthalmologists take care of areas such as glaucoma, cataracts and diabetics. All of our ophthalmologists are privileged at the

North Bay Regional Health Centre and spend one to two days per week in surgery where they have access to laser and lids clinics as needed. The ophthalmologists also all run their own clinics and service patients in our regional area extending north to James Bay, east to Mattawa, south to Burks Falls and west to Sturgeon Falls.

We have a team of five **Orthopaedic Surgeons**. These surgeons share their time between their offices, the operating room, Orthopaedic Clinic and sharing of the on-call schedule. Each orthopaedic surgeon has their own specialty and some of the procedures include: arthroscopy of knee/ankle, shoulder, carpal tunnel release, modified Mitchell procedure and/or lateral release, open reduction and internal fixation, removal of hardware/plate and screws, revision of total knee/hip replacement arthroplasty, rotator cuff repair, tarsal tunnel release, total knee/hip replacement arthroplasty, trigger syndrome release, ulnar release and possible transposition. All of these procedures take place during the surgeon's assigned operating day. Each of our surgeons has an assigned day in the Orthopaedic Clinic, where patients are seen for consultations, procedures and post-operative assessments. Some of the procedures that take place in the clinic are injections, removal of screws, removal of sutures, and removal of casts and review of x-rays. The call schedule for our



physicians currently works on a weekly basis, where each physician is on call for one week at a time and this continues throughout their rotation with everyone working 1 in 5.

All otolaryngology consults are handled by two **Otolaryngologists** practicing in North Bay. They spend their time between clinics, surgery and the Ambulatory Care Unit. The North Bay Regional Health Centre provides both adult and paediatric otolaryngology, rhinology and sinus, otology, head and neck services. We have the xomed handmarx image guided surgery system for endoscopic sinus surgery.

There are two full-time **Urologists** in North Bay. They perform surgeries related to the male and female genital urinary system for benign and malignant diseases. The urologists spend their time in the operating room twice a week, outpatient cystoscopy clinics twice a week, and the remainder of the time in their offices. During office time, our urologists do minor procedures, office consultations and prostate ultrasounds

The **Paediatric** Department consists of five Paediatricians working a combination of office practice and hospital call, which consists of covering the NICU and Paediatric inpatients. During the office time the Paediatricians see outpatient consults and follow up patients dealing with a variety of medical, psychological, developmental and social issues. The office days also include attendance at school meetings, liaising with CAS, OKP and other community organizations for our patients, teaching many medical students and residents and participation in the curriculum development for the Paediatrics residency program through NOSM. In addition to office days the service also attends Diabetes clinics, Developmental clinics and Obesity clinics in the community. During the call times the Paediatricians consult L&D, attend routine c-sections and emergency c-section and deliveries, consult in the ER and attend any urgent consults in the community and make themselves available for providing advice and dealing with issues from our GP's. In addition, one paediatrician also provides out of town clinics to 4 smaller communities in our catchment area.



## Economic Development

The City of North Bay's Economic Development Department facilitates and assists existing businesses, prospective investors, and community partners with business and community development projects. Economic Development functions include working with businesses from various sectors and private and public sector stakeholders to help foster compatible new assessment and job creation while enhancing the community's supportive social infrastructure.

Business Development Services include: site searches and tours, sale of municipally owned land, market analysis, public funding applications assistance, financial structuring and related business attraction, retention and expansion assistance in addition to working with Provincial and Federal governments to support business and facilitate market development and trade opportunities. The office works with various community groups and funding agencies in developing initiatives such as the Immigration Strategy and Professional Health Care Provider Recruitment/Retention Program which support the local labour force and social infrastructure of North Bay and area.

Through the Economic Development Department, the City of North Bay has partnered with the hospital to support attraction, relocation, integration and retention of physicians.

The Economic Development Department  
 City of North Bay  
 200 McIntyre Street East  
 North Bay, ON P1B 8H8  
 Tel: (705) 474-0400 ext. 2417 or 1-800-465-1882  
 Fax: (705) 474-4493  
[www.investinnorthbay.ca](http://www.investinnorthbay.ca)

# Relocation Services

The North Bay & District Multicultural Centre is a non profit organization servicing the settlement needs of new immigrants and refugees in the City of North Bay and area. Services through the North Bay Newcomer Network (NNN) also include relocation and community integration support for Canadian citizens who are relocating to the city.

The following support services are available at no cost to help ease the relocation process.

## EMPLOYMENT ASSISTANCE SERVICE FOR PROFESSIONALS:

This service has been developed to complement the existing support programs offered by local employment agencies. This program targets professionals who are considering relocation or are new to the community and seeking employment search support. Developed specifically for the spouse/partner of medical professionals, this initiative is geared to assisting with compatible skill and industry matching and identifying placement opportunities.

## HOST PROGRAM:

Newcomers qualifying are matched with a local volunteer who spends time helping the new resident to adjust to life in North Bay by:

- helping to find their way around the community
- participate in community activities
- practice English or French
- meet new people and make new friends

## NORTH BAY SERVICE CLUBS

North Bay is a community of energetic, high-spirited people who are more than willing to go out of their way to help others. With a wide variety of service clubs, such as the Kiwanis, Rotary, Shrine, Legion (5 branches), you will always have a feeling of comfort knowing someone is there to lend a helping hand should you require one. All of the above stated clubs are always looking for generous, caring, energetic people to volunteer, so if you have some free time, join a club, lend a helping hand and meet some great people along the way.

## IMMIGRANT SETTLEMENT AND ADAPTATION PROGRAM (ISAP):

North Bay & District Multicultural Centre offer important services to newcomers to help with the first few years in Canada. Services include:

- settlement assistance and information (health card, Social Insurance Number card, driver's license, housing, education)
- referral to community resources (language training, support services, community standards and laws)
- job search assistance (resume writing and interview preparation)
- immigration and citizenship (applications, and classes)
- self-help resources (on site computers, Internet access, email, fax, printer, phones and reference materials)

*For more information or to coordinate services specific to medical professionals and their families please contact:*

### **Vindra Sahadeo**

Settlement Worker  
North Bay & District Multicultural Centre  
100 Main Street E, North Bay, On P1B 3W7  
Tel: (705) 495-8931  
(Toll Free) 1-877-495-8931  
Email: vindrasahadeo@ontera.net  
www.nbdmc.ca  
www.northbayimmigration.ca

## Community Recruitment Needs

Opportunities are available in both family and specialty medicine in the City of North Bay and at the North Bay Regional Health Centre.

**Please visit the web-sites below to see all available positions:**

- [www.nbrhc.on.ca](http://www.nbrhc.on.ca)
- [www.healthforceontario.ca](http://www.healthforceontario.ca)

### INCENTIVE PACKAGES

The North Bay Regional Health Centre offers a competitive Incentive Package for physicians relocating to the City of North Bay. Included in our Incentive Package is an interest free loan for a term up to five years and funding assistance with moving expenses.

North Bay is designated as underserved by the Ministry of Health and Long Term Care, and for services that qualify physicians are eligible for the Ministry's one-time incentive grant of **\$80,000**; this includes both specialist and Family Physicians. The North Bay Regional Health Centre aims to make physician transition into practice as smooth as possible.

To view all Physician Opportunities at the North Bay Regional Health Centre and the City of North Bay click on

<https://hfojobs.healthforceontario.ca/en/list/?c=16&d=&j=&p=1&t=>

<http://www.nbrhc.on.ca/join-our-team/careers/physician-positions/>

[www.healthforceontario.ca/Jobs/OntarioPhysicianLocumPrograms/NorthernSpecialistLocumPrograms.aspx](http://www.healthforceontario.ca/Jobs/OntarioPhysicianLocumPrograms/NorthernSpecialistLocumPrograms.aspx)



## Save and defer taxes by incorporating your practice.

By now you may be aware that a few years ago, the government of Ontario passed legislation that allows professionals within certain sectors and industries to incorporate—including doctors, dentists, veterinarians, lawyers, accountants, and engineers. But did you know that incorporating your professional practice has many tax advantages?

### Some of the potential tax benefits for you to consider:

1. Professional income earned in a corporation in Ontario is subject to a combined federal and provincial rate of 15.5% on the first \$500,000 of taxable income in 2014.
2. The top personal tax rate for an individual resident in Ontario is 49.5%. The tax rate differential between personal and corporate rates represents a substantial tax deferral if you do not take the money out of the corporation for personal needs.
3. There can still be tax savings when compared to individual earnings, even if you pay a majority of the after tax earnings from the corporation as dividends.
4. Since January 1, 2006, family members of medical doctors and dentists may own non-voting shares of the professional corporation. This allows for income splitting opportunities by paying dividends to family members.

### Functional and industry experience.

Sherry Bessette, CA, is a senior tax manager with Grant Thornton and has successfully completed the CICA In-Depth Tax Course. She has over 17 years' experience helping professionals and business owners maximize their income with proficient tax planning strategies.

Grant Thornton LLP is a leading Canadian accounting and advisory firm providing audit, tax and advisory services to private and public organizations.

**For more information please contact:**  
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Grant Thornton LLP  
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[www.GrantThornton.ca](http://www.GrantThornton.ca)



Audit • Tax • Advisory

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## Important Information

The North Bay Regional Health Centre in partnership with the City of North Bay and community partners offers many services to assist new physicians in acquiring and setting up their medical practice. North Bay has many options for space in existing medical buildings throughout the city in addition to new developments.

For more information about office space, contact the Medical Affairs Liaison/Physician Recruitment Specialist, Kristen Vaughan or Tanya Bédard at :

Economic Development  
Department  
City of North Bay  
200 McIntyre Street East  
North Bay, ON P1B 8H8  
Tel: (705) 474.0626 x 2318  
Fax: (705) 474.4493  
Tanya.Bedard@cityofnorthbay.ca  
www.investinnorthbay.ca



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Broker

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Cell: 705-845-1059

Fax: 705-472-5421

Toll Free: 1-877-499-4899

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mikeholmes@royallepage.ca

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36 Lakeshore Drive,  
North Bay, ON P1A 2A3

**RESIDENTIAL  
&  
COMMERCIAL**



Mike Holmes B.A., Broker with Royal LePage North Bay Real Estate Services, Brokerage has over 39 years in the real estate business in North Bay and area. Past owner of Holmes and Pellerin Real Estate for 26 years.

#1 Agent 2000 - 2013 MLS volume for the North Bay Real Estate Board and most recently Top Ten in Ontario for Royal LePage, 2013. Mike's dedication to his profession and clients is evident with 98% of his business being derived from personal referrals. His reputation speaks for itself.

Mike will help you with considering locating to North Bay by providing an extensive tour of North Bay and area that looks at schools, recreational services, residential neighbourhoods, residential resale properties, new subdivisions, lake front properties as well as residential and office rentals, if required.

Mike has assisted many Health Care professionals over the past 25 years with their relocation efforts; making North Bay and area the future home for themselves and their families.

## FINANCIAL INFORMATION

When looking to set up a business account it is important to know you are working with an institution that is working for you. In North Bay, the following partners are accustomed to dealing with health care professionals and will work with you to meet your needs.

**RBC Royal Bank** – Ad p.13  
925 Stockdale Road  
Contact: Leslie Burn, PFP  
Tel: 705-494-7125  
(C) 705-498-1229

**Grant Thornton LLP** – Ad p.11  
222 McIntyre St W  
Tel: 705-472-6500  
www.GrantThornton.ca

**LEGAL PROFESSIONALS**  
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Tel: 705-474-3655  
www.daglaw.ca

## OFFICE SUPPLIES & REQUISITIONS

To assist you in setting up your new office please refer to the Purchasing Guide included in your package. Once you have determined what supplies you need you may use the following distributors to meet your office supply and requisition needs:

**Beatty Printing**  
Tel: 705-474-3330

**Medical Mart**  
Tel: 1-800-268-2848

**Algonquin Medical Building**  
X-Ray Hospital Requisition  
X-Ray, Ultrasound, Bone Scan  
Tel: 705-476-6228

**Moyer Printing**  
Tel: 705-497-1121

**Vaughan Paper Products**  
Tel: 705-474-2200

The North Bay Regional Health Centre thanks the community for their continual support of the Physician Recruitment and Retention Program and recognizes the outstanding contributions of:

- Algonquin Pharmasave
- Best Western North Bay
- Phil's Lakeshore Pharmacy
- Carte Blanche Promotional Products
- Guardian Drugs (Algonquin)
- Raven and Republic
- Cecil's Eatery & Beer Society
- North Bay & District Chamber of Commerce
- Shoppers Drug Mart (McKeown)
- Churchill's Prime Rib House
- North Bay Golf & Country Club
- Tim Hortons (Cassells)
- Clarion Resort Pinewood Park
- Northern Ontario Medical Schools (NOSM)
- The Escape Movement
- Vaughan Paper Products

## D'Agostino & Associates

BARRISTERS & SOLICITORS

C. John D'Agostino, L.L.B., J.D.  
Danielle L. Magnusson, J.D.

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### OUR FIRM

At D'Agostino & Associates, we pride ourselves on offering value-added legal service by finding practical and efficient solutions for our clients. We have developed longstanding and trusted relationships with clientele ranging from independent entrepreneurs to international corporations. Our clients include banks, commercial and residential landlords, franchises, publicly traded and private corporations, partnerships and individuals.

Our firm has developed a high degree of expertise in the following practice areas:

- Corporate and Commercial, including Professional Corporations
- Residential & Commercial Real Estate
- Wills, Estate Administration and Trusts
- Wealth Management

We have the ability to adapt quickly to your changing requirements while maintaining a diverse availability of services through of our associated firm, Loopstra Nixon, LLP in Toronto.

### CONTACT

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### Rob Celebre

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Fax: 705-494-7156  
roberto.celebre@rbc.com

## Introducing your Commercial Financial Services Account Manager

Rob Celebre is an Account Manager, Business Banking, with over 10 years experience in financial services. He offers personalized advice and solutions to meet the needs of a number of clients including health care professionals.

Rob has worked closely with a broad range of business clients and can appreciate the challenges they may face. He works as a "quarterback" for his clients, accessing the vast resources of RBC on their behalf. He will frequently bring in specialists in leasing, foreign exchange, cash management and commercial mortgages to help him create the right customized solutions for each client.

With 7 years at RBC Royal Bank, Rob has extensive knowledge of the products and services ideally suited to fulfilling his clients' requirements. Rob is available to meet in person, at his clients' convenience, or by phone. With access to a wealth of resources, he is dedicated to putting his clients first, by earning their trust and helping them achieve their goals.

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If you require additional information about the hospital and our services please visit the following website and video:

[www.nbrhc.on.ca](http://www.nbrhc.on.ca)

NBRHC Physician Recruitment Video <http://vimeo.com/106279645>

The City of North Bay's website can provide you with more information on city services, our community profile, economic development, the community, tourism, parks & recreation as well as the many other fantastic things our City has to offer. Please visit the city of North Bay website at:

[www.cityofnorthbay.ca](http://www.cityofnorthbay.ca)

[www.investinnorthbay.ca](http://www.investinnorthbay.ca)

The North Bay & District Chamber of Commerce is here to serve you. If you wish to obtain more information on area businesses and services please visit them on the web at:

[www.northbaychamber.com](http://www.northbaychamber.com)