

North Bay Regional Health Centre

Laboratory - Microbiology Department

Semen Fluid Analysis Collection Instructions

Your health care provider has ordered a test that requires semen collection. In order to maintain specimen integrity, please follow the instructions below carefully. The specimen will be rejected if it is not collected properly. Timing is critical.

Collection instructions:

1. Do **not** have any sexual activity which may cause ejaculation within 48 hours prior to collecting your specimen. Do **not** abstain from sexual activity for more than seven days before collecting the specimen.
2. By **masturbation**, ejaculate the **entire** specimen into the container provided by the laboratory. Do **not** use any other container, a condom, or a lubricant of any kind.
3. Coitus interruptus (withdrawing) or oral sex is **not** an acceptable means of collection.
4. Label specimen container with your full name, date of birth and date and time of collection.
5. Keep the container close to your body (inside your jacket) so that it stays at body temperature.
6. Bring the container **immediately** to the laboratory along with the requisition. The specimen must be analyzed within 1 hour of collection.
7. Specimens will be accepted during regular operating hours and must be registered Monday to Friday 8:00 am to 2:30 pm.
Outpatient samples will not be accepted outside of these hours.

**If you need further information, please contact the laboratory at
705-474-8600 ext. 2935.**