

North Bay Regional Health Centre

Laboratory - Microbiology Department Midstream Urine Collection Instructions

1. Remove lid from specimen container. Place lid and container onto sink. Do **not** touch the rim, the inside of the container, or the inside of the lid.
2. Open Antiseptic Wipe.
 - (a) Male: Retract foreskin, if any.
 - (b) Female: Separate the folds of the vulva, hold apart. Be sure to keep apart after cleansing.
 - (c) Making downward strokes, cleanse the sides of the urinary opening, then the centre with the antiseptic wipe. Discard wipe.
3. Start voiding into the toilet. As you void bring the container into the stream filling it $\frac{1}{4}$ to $\frac{1}{2}$ full. Do **not** touch the rim or the inside of the container or lid.
4. Replace and tighten lid securely.
5. Label specimen with your first and last name, date of birth, and date and time of collection.
6. Place the container into the small biohazard bag that is provided; be sure to seal the bag. Place the requisition separately in the side pouch of the bag.
7. Keep the specimen upright to avoid leaking and in the fridge until it is returned to the lab.
8. Samples must be returned within 24 hours of collection to the lab and registered during regular operating hours Monday to Friday 8:00 am to 2:30 pm. **Outpatient samples will not be accepted outside of these hours.**

**If you need further information, please contact the laboratory at
705-474-8600 ext. 2935**