

## North Bay Regional Health Centre

### Laboratory – Microbiology Department Stool Collection for C&S (Cary Blair with Indicator)

#### WARNING:

Do not drink the liquid in the bottle. Keep out of reach of children and pets.

#### Collection instructions:

Do **not** use laxatives before collection of stool specimens.

1. Collect stool on a dry, clean surface such as a disposable wide mouth container or bedpan.
2. Do not mix the stool with water or urine.
3. Use the spoon attached to the container lid to immediately add a portion of stool to the container until the liquid reaches the **fill line**.
4. Collect small portions stool from each end and middle of the specimen, especially from areas of the stool which contain mucus or blood.
5. Replace the lid, tighten, and shake vigorously to mix.
6. If collecting multiple Culture & Sensitivity (C&S) specimens do so **once** a day at least 24 hours apart using a separate container each day.
7. Label the container with your first and last name, date of birth, and date and time of collection.
8. Place the container into the small biohazard bag that is provided; be sure to seal the bag. Place the requisition separately in the side pouch of the bag.
9. Keep the specimen in the fridge until it is returned to the lab.
10. Samples **must** be returned within 24 hours of collection to the lab only and registered during operating hours Monday to Friday 8:00 am to 2:30 pm.  
**Outpatient samples will not be accepted outside of these hours.**

**If you need further information, please contact the laboratory at  
705-474-8600 extension 2935**