

North Bay Regional Health Centre

Birthing Unit Induction of Labour Patient Information Sheet

Your Obstetrician/Midwife has requested you be booked for an induction of your labour. If you have any questions about this procedure, please contact your Obstetrician/Midwife

If your Obstetrician/Midwife did not give you a date and time for induction, the hospital will notify you of your date and time of induction.

If your induction is booked in the **morning**, you **MUST** call the Birthing Unit at (705) 474-8600, extension 4757, by 7:00 a.m. on the morning of this scheduled induction to confirm that your induction can proceed as planned.

If your induction is booked in the **afternoon/evening**, you **MUST** call the Birthing Unit at 474-8600, extension 4757, an hour prior to your scheduled induction to confirm that your induction can proceed as planned.

In order to provide safe care to you and your baby, your induction may be postponed depending on the activity in the Birthing Unit.

PREPARATION FOR YOUR INDUCTION OF LABOUR

- You may shower or bath the night prior or the morning of your induction.
- Have a good breakfast (e.g. toast, juice, cereal, tea/coffee).
- Pack an overnight bag.
- Report directly to the Women and Children's Registration Desk located on Level 300 with your antenatal records.

If you are experiencing any complications with your pregnancy; e.g. Vaginal bleeding, rupture of membranes, premature labour, contact the birthing unit immediately and let them know what you are experiencing. Do not hesitate to go to the hospital for an examination. If you have any questions, call your physician or birthing unit at 474-8600 ext. 4757.

NOTE: KEEP YOUR ANTENATAL RECORDS WITH YOU AT ALL TIMES