

North Bay Regional Health Centre

Information about Your Hospital Stay and Discharge

For Patients, Families and Care Providers

Clinical Utilization

- Each day a member of our Clinical Utilization Team will review your stay in hospital. **Every patient, every day.**
- Your Health Care Team meets daily to discuss your progress and focus on you recovery and discharge.
- We want to make sure you receive the care you require in hospital and your stay in hospital is not longer than needed.
- The hospital must make sure that beds are available for people that need to be admitted.
- We want your discharge from hospital to be safe and right for you.
- We begin to plan your discharge the day you are admitted.

Our motto is...

**The Right Care
The Right Place
For the Right Amount of Time...**

Discharge Planning/Social Work

- There is a Discharge Planner/Social Worker assigned to every unit in the hospital.
- They are available Monday to Friday 8:00 am to 4:00 pm
- They are available to provide any assistance you may require with your discharge.
- Our Discharge Planners/Social Workers can provide information about community services and help you with your special needs.
- Please ask your nurse if you or your family would like to see a Discharge Planner/Social Worker.
- It is important to identify any concerns you may have with your hospital stay and discharge as soon as possible.
- A good discharge plan includes everyone's efforts!

Remember... You are the key player in your own discharge plan...

- Discharge time for inpatients is by **11:00 am**
- If you are unable to leave by 11:00 am, we may move you to a waiting area to wait.
- Should you need assistance with discharge plans, please talk to your Discharge Planner/Social Worker.

Things to Remember

- Do you have a ride home?
- Do you have clothes and shoes for your discharge home?
- What help will you need?
- Have you spoken with a Discharge Planner/Social Worker during your hospital stay?

What is your plan?

Clinical Utilization Management

*** This flyer contains general information which cannot be construed as specific advice to an individual patient. All statements in the flyer must be interpreted by your personal Physician or therapist who has the knowledge of the stage and the extent of your particular medical condition. Any reference throughout the document on specific pharmaceutical products does not imply endorsement of any of these products. Please visit our website at www.nbrhc.on.ca