

North Bay Regional Health Centre

Ophthalmology Clinic
Physician Appointment

Drs. Vijay/Ellies

Follow Up Appointment: Date: _____ Time: _____

At the doctor's office

OR

At the Ophthalmology Clinic located at the hospital on the 3rd floor (705-474-8600 extension 4880)

Start your eye drops after your surgery at: _____ hours.

PUT THE EYE DROPS IN ACCORDING TO THE TIMES ON THE CHART

**** YOUR PHARMACIST MAY SUBSTITUTE VOLTAREN WITH DICLOFENAC****

FIRST WEEK AFTER SURGERY

DROPS	ONE DROP	Today Start at	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
ZYMAR	Breakfast								
PREFORTE	Breakfast								
VOLTAREN	Breakfast								
ZYMAR	Lunch								
PREFORTE	Lunch								
VOLTAREN	Lunch								
ZYMAR	Dinner								
PREFORTE	Dinner								
VOLTAREN	Dinner								
ZYMAR	Bedtime								
PREFORTE	Bedtime								
VOLTAREN	Bedtime								

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SECOND WEEK AFTER SURGERY

DROPS	ONE DROP	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
PREFORTE	Breakfast							
VOLTAREN	Breakfast							
PREFORTE	Lunch							
VOLTAREN	Lunch							
PREFORTE	Dinner							
VOLTAREN	Dinner							
PREFORTE	Bedtime							
VOLTAREN	Bedtime							

THIRD WEEK AFTER SURGERY

DROPS	ONE DROP	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
PREFORTE	Breakfast							
VOLTAREN	Breakfast							
PREFORTE	Dinner							
VOLTAREN	Dinner							

FOURTH WEEK AFTER SURGERY

DROPS	ONE DROP	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
PREFORTE	Breakfast							
VOLTAREN	Breakfast							
PREFORTE	Dinner							
VOLTAREN	Dinner							