



**PATIENT INSTRUCTIONS
FOR
INTRAVENOUS CONTRAST EXTRAVASATION**

During your injection, contrast material leaked out into the surrounding tissue. In most cases, this will cause temporary swelling and discomfort in the area of the injection and will clear up in a few hours/days. We started treatment to relieve this by elevating your arm and applying a cold compress.

At Home:

Applying cold compresses and keeping your arm elevated as much as possible should be continued at home for the next 2 hours or until the swelling goes down. Swelling should resolve within 3 days.

Rarely, the fluid that leaked out of your vein can damage your skin and surrounding tissues. **If you notice increased pain, swelling, redness or breakdown of the skin, contact your family physician or go to the Emergency Department. Bring this paper with you.**

Date and Time of Extravasation: _____

Site of Extravasation: _____

Estimated Volume: _____