

North Bay Regional Health Centre

Perioperative Services
Preoperative Information
Orthopaedic Minor Hand Procedures

Surgery Date: _____ **Surgery Time:** _____

Before Procedure

- **Do not** eat or drink after midnight the night before your surgery.
- **Stop** your blood thinner medications according to your surgeon's directions.
- Take your other medications as normal and take your morning medications with a sip of water.
- You will get a reminder phone call from the hospital the day before confirming your surgery time.

Day of Procedure

- Please arrive at the hospital and go to the **Day Surgery department** on the third floor **2 hours before** your surgery time. There is an information desk inside the east main entrance doors if you need help.
- Bring all of your medications with you (bottles, packages, blister packs).
- Bring your health card and any papers given to you by your physician or their office staff.

After the Procedure

- You will require someone to drive you home after surgery and stay with you for 24 hours.

Please contact your surgeon's office if you have questions about your surgery or changes to your health or medications.

Disclaimer:

*** This flyer contains general information which cannot be construed as specific advice to an individual patient. All statements in the flyer must be interpreted by your personal Physician or therapist who has the knowledge of the stage and the extent of your particular medical condition. Any reference throughout the document on specific pharmaceutical products does not imply endorsement of any of these products. Please visit our website at www.nbrhc.on.ca

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